



HUNGARIAN
ASSOCIATION OF
SOMATO-
PSYCHOTHERAPY

On behalf of the
HUNGARIAN ASSOCIATION OF SOMATO-PSYCHOTHERAPY
we invite you to be part of the

issues in tissues

International Congress on Somato-psychotherapy
Budapest, Hungary / 18-20 June, 2010

There is a continuously growing need in psychotherapies and everyday life to find new directions to discover and harmonize our Inner world through the most obvious and natural way: our Body.

INVITED SPEAKERS among others:

Richard MEYER — France

Peter GEISLER — Austria

Maurizio STUPIGGIA — Italy

and

BAGDY Emőke — Hungary

For more information about the Congress 2010
please contact at www.szomato.org or
congress@szomato.org

Somato-psychotherapies involve all kind of methods that aim to reach mental health improvement and spiritual growth through working with the clients' body - his/her somatic sensations, bodily processes, body image, body schema, deep memories, body unconscious etc.

This Congress welcomes and promotes integrative approach, so we invite professionals and therapists from different schools, with all kinds of methods that involve body-psychotherapy in some way, like:

somatoanalysis and psychoanalysis / "psychanalyse plénière" / biosynthesis / biosystemic approach / holotropic breathwork / Reichian and neo-Reichian techniques / dance and movement therapy / psychodrama and somato-drama / transpersonal psychotherapy / integral psychology / Gestalt therapy / focusing / and many others...

The organisers' purpose is to allow exchange of thoughts among somato-psychotherapy practitioners, transpersonal psychologists and other professionals and, also to strengthen dialogue between body-psychotherapy techniques and other psychotherapeutic methods.